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News Release

March 5, 2016

Bust a Move™ 2016 Raises Over \$167,594 for Foundations

St. John's, NL - The Dr. H. Bliss Murphy Cancer Care Foundation and the Health Care Foundation are pleased to announce that Bust a Move™ for Health was another great success this year, raising over \$167,594. Over 140 participants gathered at the Newfoundland and Labrador Sports Centre today, March 5, 2016, for an all-day fitness extravaganza in support of health care in Newfoundland and Labrador.

“It has been an incredible day raising over \$167,595 in support of important patient support programs in Newfoundland and Labrador,” said Jocelyn Perry, Event Chair for Bust a Move™ 2016. “We are inspired by the efforts of our participants, volunteers and supporters who came out to sweat, laugh and raise money in support of such an amazing cause.”

The Sports Centre came alive with hours of choreographed exercise designed for every fitness level, colourful costumes and accessories and plenty of prize giveaways.

Funds raised will enable the Health Care Foundation and the Dr. H. Bliss Murphy Cancer Care Foundation to continue to support patients and their families through the ***Comfort in Care™ Program*** and the ***Patient and Family Support Fund***.

“Our heartfelt thanks to all those who have joined us in our goal of promoting healthy living and embracing a challenge – all in support of enhanced care for patients and families from across our province,” added. Ms. Perry.

The event was made possible by the support of a number of sponsors, especially the presenting sponsors, Johnson and Scotiabank. A complete list of sponsors is available in the **below background**.

Although Bust a Move™ is now over, general donations can still be made at bustamovestjohns.ca.

About the Partnering Foundations:

Dr. H. Bliss Murphy Cancer Care Foundation

The Dr. H. Bliss Murphy Cancer Care Foundation raises funds to enhance treatment and supportive care programs for cancer patients, fund local cancer research initiatives and provide continuing education opportunities for employees of the Dr. H. Bliss Murphy Cancer Centre and Cancer Centres in Gander, Grand Falls-Windsor and Corner Brook.

Health Care Foundation

The Health Care Foundation supports Eastern Health in providing adult health care for the St. John's region and specialized health services for the entire province. Together with its friends, volunteers and donors, the Health Care Foundation is raising vitally needed funds for state-of-the-art medical equipment, innovative technology, research, education and items that bring patients and families comfort when they need it most.

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Backgrounder: Bust a Move™ 2016 Sponsors

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